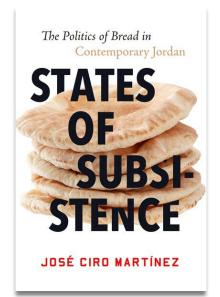
## States of Subsistence: The Politics of Bread in Contemporary Jordan (Stanford University Press, 2022)

José Ciro Martínez



On any given day in Jordan, more than nine million residents eat approximately ten million loaves of *khubz 'arabi*—the slightly leavened flatbread known to many as pita. Some rely on this bread to avoid starvation; for others it is a customary pleasure. Yet despite its ubiquity in accounts of Middle East politics and society, rarely do we consider how bread is prepared, consumed, discussed, and circulated—and what this all represents. With this book, José Ciro Martínez examines *khubz 'arabi* to unpack the effects of the welfare program that ensures its widespread availability.

Drawing on more than a year working as a baker in Amman, Martínez probes the practices that underpin

subsidized bread. Following bakers and bureaucrats, he offers an immersive examination of social welfare provision. Martínez argues that the state is best understood as the product of routine practices and actions, through which it becomes a stable truth in the lives of citizens. *States of Subsistence* not only describes logics of rule in contemporary Jordan—and the place of bread within them—but also unpacks how the state endures through forms, sensations, and practices amid the seemingly unglamorous and unspectacular day-to-day.

## More information

https://www.sup.org/books/title/?id=32034

## About the author

José Ciro Martínez is Lecturer in Politics at the University of York.